For general enquiries please contact us by:

✉ **Writing:** Children's Speech and Language Therapy Service,
Bridge Park Plaza, Bridge Park Rd, Thurmaston,
Leicester, LE4 8PQ

☎ **Telephone:** 0116 225 5256

@ **Email:** feedback@leicspart.nhs.uk

💻 **Website:** www.leicspt.nhs.uk

Office hours: Mon to Thurs 9:00am - 5:00pm, Fri 9:00am - 4:30pm

Contact us if you would like this document in large print size 18 or 24 point font, in spoken word, printed or as a computer file.

If you require help understanding this leaflet because it is written in English please telephone 0116 295 4743.

এই ডকুমেন্ট'এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

જો તમને આ દસ્તાવેજમાં આપેલ માહિતી સમજવા માટે મદદ જોઈતી હોય તો મહેરબાની કરીને **0116 2954743** પર ફોન કરો.

अगर आपको इस दस्तावेज़ में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फ़ोन कीजिए।

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਵਿਸ਼ਾ ਵਸਤੂ ਸਮੱਝਣ ਲਈ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ **0116 295 4743**

Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

اگر اس تحریر کے سمجھنے میں آپ کو مدد کی ضرورت ہو تو مہربانی کرکے **0116 2954743** پر ٹیلیفون کریں۔

Families, Young People and Children's Services

Leicestershire Partnership **NHS**
NHS Trust

Speech and Language Therapy

Your first appointment

Information for parents, carers and children

www.leicschildhealth.nhs.uk

What is a Speech and Language Therapist?

Speech and Language Therapists work with children who need help with their speech, language or communication skills and/or with eating and drinking. They also support parents, carers and others to help children and young people.

Your first appointment

The purpose of this session is to help you and the therapist decide if your child needs further help from a Speech and Language Therapist. The Therapist will also give you some advice on how to help your child.

The first session with a Speech and Language Therapist lasts for about 45 minutes. During this time the therapist will:

- Ask about your child's development so far
- Discuss any worries you or your family may have about their development
- Watch and listen as you and your child play together
- Talk about your child's speech and language skills, based on what has been learnt during the session
- For older children this first session may not involve play activity, instead they, you and the therapist will talk.

The Therapist may also carry out some activities with your child to help build a picture of their strengths and needs.

I would like to talk about...

_____
_____
_____
_____
_____
_____
_____
_____

The next step

Before the end of your first appointment you and the therapist will have decided on what will happen next. This might be:

1. Further Support

- Further assessment of your child's speech, language and communication
- Putting together a plan of activities/ideas that will help you and others to develop your child's speech and language skills
- Working with you and your child to carry out the plan
- Talking to other people who are supporting your child e.g. nursery or school staff about how they can help
- Referring on to other professionals with your consent.

2. See again if asked

Your child may not need further contact with a speech and language therapist at the moment.

However, you and the therapist may agree that you contact the Service after a period of time e.g. 3 months, 6 months, to discuss how your child is getting on whether you still have concerns and need a further appointment.

3. Discharge

If your child's speech and language skills are progressing satisfactorily, and you don't have any other concerns at this time, then no further contact will be arranged.

What if I need an interpreter?

We can arrange for an interpreter to be present during your appointment or to support you through telephone discussion. If you feel you or your child would benefit from this service, please let the clerk know when you ring to book your appointment.