



Speech and Language Therapy Services

Talking Fun - 4 Years

A leaflet for parents and carers

By now your child will probably be using longer sentences and beginning to use more words and understand more of what you say. Your child's speech can be understood by most people. Here are some ideas to help him/her understand and say more.

Create quiet times in the day when you talk to your child. As you play together and carry out household jobs, turn off the television and music so that your child can concentrate and listen more easily.

Share books with your child. Encourage your child to join in or retell the story from the pictures.

- T** Talk to your child about what he/she is interested in.
- A** Always make time to talk to your child.
- L** Listening and looking help learning.
- K** Keep praising your child's listening and talking.

The games on the
reverse will help.



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- Ask simple questions about the story e.g. "What is the man doing?", "Where is the cat?", "Why is the boy happy?"
- Enjoy jigsaws and table top games together. Show your child how to take turns. Encourage him/her to finish one game before starting another.
- Hide and seek games will help your child to learn words like "behind" and "in front". He/she will need to hear these words and see what you mean many times before he/she will really understand. Can your child hide behind or in front of different places? Can he/she hide a toy behind the chair etc?
- You can play listening games during everyday activities to encourage your child to follow longer instructions, for example, "Put the biscuits and crisps on the table".
- Encourage your child to use longer sentences by expanding what your child says. E.g. Your child says "boy kicking ball", you say "Yes the boy's kicking the big ball".
- Your child's speech may not always be clear. Encourage by repeating words correctly e.g. your child says "boon", you say "That's right a spoon".
- Are there opportunities for your child to play with other children of the same age? Consider enrolling your child in a playgroup or nursery. This will encourage him/her to share, play together and to talk about what they are doing. Encourage activities that need imagination e.g. dressing-up, old pots and pans for 'cooking', boxes to make 'Hiding places'.

If you have any concerns or would like further information about your child's talking skills, please contact your health visitor or Children's Speech and Language Therapy Service
Bridge Park Plaza, Bridge Park Road, Thurmaston, Leicester, LE4 8PQ
Telephone: 0116 225 5256



If you require help with understanding the contents of this document please telephone 0116 295 4743

এই ডকুমেন্ট এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

اگر آپ کو اس ڈکومنٹ میں کوئی چیز سمجھنے میں مشکل ہو تو براہ کرم 0116 295 4743 پر فون کریں۔

अगर आपको इस दस्तावेज़ में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फोन कीजिए।

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Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

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