



Speech and Language Therapy Services

Talking Fun - 3 Years

A leaflet for parents and carers

By now your child will probably be joining words together. He/she may be spending longer with their favourite toys. Here are some ideas to help him/her understand and say more.

Create quiet times in the day when you talk to your child. As you play together and carry out household jobs, turn off the television and music so that your child can concentrate and listen more easily.

Share a favourite book with your child. Children often enjoy hearing the same story again and again. Encourage your child to join in with the story. Ask simple questions about the story e.g. "What is the man doing?", "Where is the car?".

T Talk to your child about what he/she is interested in.

A Always make time to talk with your child.

L Learning words takes time. Do not expect too much too soon.

K Keep listening to your child and take turns to talk.

The games on the reverse will help.



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- Enjoy puzzles and games together. Show your child how to take turns. Encourage him/her to finish one game before starting another.
- Hide and seek games will help your child to learn words like "in" and "under". He/she will need to hear these words many times before he/she will really understand. Play a hiding game with a toy. Hide a toy and then ask your child to tell you where the toy is. If your child has difficulty, say the answer for him/her the first few times.
- Do not always ask for things by name. Ask by what you use them for e.g. "Find me something to read", "Show me something to eat".
- Encourage your child to use longer sentences by expanding what your child says. E.g. Your child says "Mummy socks", you say "Mummy's big socks".
- Your child's speech may not always be clear. Encourage by repeating words correctly e.g. your child says "dat", you say "That's right a cat".
- Are there opportunities for your child to play with other children of the same age? Consider enrolling your child in a playgroup or nursery. This will encourage him/her to share, play together and to talk about what they are doing. Encourage activities that need imagination e.g. dressing-up, old pots and pans for 'cooking', boxes to make 'Hiding places'.



If you have any concerns or would like further information about your child's talking skills, please contact your health visitor or Children's Speech and Language Therapy Service
Bridge Park Plaza, Bridge Park Road, Thurmaston, Leicester, LE4 8PQ
Telephone: 0116 225 5256

If you require help with understanding the contents of this document please telephone 0116 295 4743

এই ডকুমেন্ট এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

اگر آپ کو اس دستاویز میں شامل جانکاری سمجھنے میں سہا یوتا چاہیے تو کویا 0116 295 4743 پر فون کریجیے۔

अगर आपको इस दस्तावेज़ में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फोन कीजिए।

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Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

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