



## Speech and Language Therapy Services

### Talking Fun - 2 Years

#### A leaflet for parents and carers

Talking is learned through everyday activities. The following games will help your child to hear and use new words. As your child learns more words he/she will begin to join them together in short sentences.

**Make sure there are quiet times in the day when you talk to your child. Turn off the television and music so that he/she child can concentrate and listen more easily.**

While your child is learning to talk it is important for him/her to move his/her tongue and lips properly, so try to restrict the use of the dummy to bedtime only. Don't encourage your child to talk with the dummy in his/her mouth.

Talk about everyday activities as you do them, e.g. washing dishes, hoovering, shopping. Encourage your child to join in.

- T** Talk about everyday activities.
- A** Add a word when your child just says one.
- L** Listen to your child and give him/her time to talk.
- K** Keep playing with toys and looking at picture books with your child.

The games on the  
reverse will help.



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- Play with your child for 10-15 minutes each day with their toys. You can play pretend games that relate to everyday life, for example, washing, eating, dressing. Talk about what is happening using short simple sentences.
- Enjoy simple books with your child. Point to and name different things on each page. Let your child point to the pictures he/she likes and you name them for him/her.
- Ask your child to follow simple instructions, e.g. "Give the ball to daddy", "Give dolly a drink". You may have to show your child what to do.
- Singing action rhymes and traditional songs can be enjoyable for your child. Encourage him/her to fill in missing words, e.g. "The wheels on the bus go round and \_\_\_\_\_".
- Expand what your child says by adding another word, e.g. if your child says "ball" you could say "kick ball" or "throw ball".
- Talking and playing with other children of the same age also helps develop language skills. Consider joining a mum and toddler group, playgroup or crèche.



**If you have any concerns or would like further information about your child's talking skills, please contact your health visitor or Children's Speech and Language Therapy Service**  
Bridge Park Plaza, Bridge Park Road, Thurmaston, Leicester, LE4 8PQ  
**Telephone: 0116 225 5256**



If you require help with understanding the contents of this document please telephone 0116 295 4743

এই ডকুমেন্ট এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

اگر آپ کو اس کے بارے میں کوئی سوال ہو تو براہ کرم 0116 295 4743 پر فون کریں۔

अगर आपको इस दस्तावेज़ में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फोन कीजिए।

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Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

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