



Speech and Language Therapy Services

Talking Fun - Around 1 Year

A leaflet for parents and carers

Before learning to talk, your baby must learn to look, listen and concentrate. Your baby must want to use speech as a way of communicating.

The following games will help your baby to take notice of sounds and learn how to take turns in simple enjoyable situations.

- T** Talk to your baby and tell your baby about things that interest them.
- A** Always make talking fun.
- L** Listen out for any interesting noises in the home.
- K** Keep copying any noises that your baby makes and try some new ones.

The games on the
reverse will help.



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- Make sure there are quiet times in the day when you can talk to your baby. Turn off the television and music and enjoy talking together.
- Point out any interesting noises as they happen, e.g. doorbell, car engine.
- Face your baby so that you can be seen and heard clearly.
- Find objects that make noises to play with e.g. crumple paper, spoon and pan, rattle, squeaky toy.
- Talk about whatever your baby is looking at or touching. Use short sentences.
- Play peek-a-boo. Look in the mirror. Make faces, clap your hands and shake your head. Talk about your nose, ears and mouth.
- Copy any noises that your baby makes and then make some new noises for your baby to try. Wait for your baby to have a turn.
- Sing nursery rhymes to your baby. Encourage your baby to copy the actions or sounds. Pause at the end of rhymes and see if your baby can show you that they want you to do it again, by kicking, waving, smiling, gurgling or looking.



If you have any concerns or would like further information about your child's talking skills, please contact your health visitor or Children's Speech and Language Therapy Service
Bridge Park Plaza, Bridge Park Road, Thurmaston, Leicester, LE4 8PQ
Telephone: 0116 225 5256



If you require help with understanding the contents of this document please telephone 0116 295 4743

এই ডকুমেন্ট এর কোন বিষয় বুঝতে আপনার যদি সাহায্যের প্রয়োজন হয়, তাহলে অনুগ্রহ করে 0116 295 4743 নাম্বারে টেলিফোন করুন।

ਜੇ ਨਮਨੇ ਆ ਦਸ਼ਨਾਵੇਜ਼ਾਂ ਆਪਣੇ ਮਾਉਂਟੀ ਸਮਝਣਾ ਯਾਦੇ ਖਦੇ ਨਿਰੰਨੀ ਡੋਖ ਨੇ ਖਠੇਖਾਨੀ ਕਰੀਨੇ **0116 2954743** ਖਰ ਫ਼ੋਨ ਕਰੋ.

अगर आपको इस दस्तावेज़ में शामिल जानकारी समझने में सहायता चाहिए तो कृपया 0116 295 4743 पर फ़ोन कीजिए।

ਜੇਬਰ ਤੁਹਾਨੂੰ ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਵਿਸ਼ਾ ਵਸਤੂ ਸਮਝਣ ਲਈ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ **0116 295 4743**

Hadii aad u baahantahay in lagaa caawiyo fahmida qoraalka ku qoran documintigaan fadlan nagala soo xiriir telefoonkaan 01162954743.

Jeśli potrzebujesz pomocy w zrozumieniu treści tego dokumentu prosimy o telefon pod numer 0116 2954743.

اگر آپ کو کسی ضرورت اور معلوماتی کے لیے **0116 2954743** پر ٹیلی فون کریں۔

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